

January 2025

AOE Advising Office

Advisors:

- [Emily Metzgar](#): Last names A-G, Rm. 3303
- [Chelsea Nowak](#): Last names H-Ri, Rm 3304
- [Brian Kastner](#): Last names Ro-Z, Rm 3302

In-Person Walk-In Hours:

- Come to any advisor's walk-in hours
- Emily: Mondays 9:00 AM - 12:00 PM
- Chelsea: Wednesdays 9:00 AM - 12:00 PM
- Brian: Thursdays 9:00 AM - 12:00 PM

Appointments:

- In-person and virtual appointments available
- Schedule an appointment through [Navigate!](#)
- Include comment with appointment reason.

Note: If you have any comments or concerns about AOE undergraduate academic advising, please email [Dr. Seidel](#).

Featured Wellness Resource

Cook Counseling

- [Cook Counseling Center](#) is located in Gilbert Place, Suite 2400 - one floor down from AOE Advising!
- Call 540-231-6557 to schedule an initial Cook Connect appointment.
- Samantha Wilhelmi, LCSW, is the embedded counselor for COE. You may request to meet with her when you schedule an appointment.
- In case of a mental health crisis, a Cook counselor can be reached by walking into the office during business hours or 24/7 by calling the main office phone, 540-231-6557. Additional emergency resources can be found [here](#).

Upcoming Dates/Deadlines

January:

- 27: Add deadline for SP 2025
- 31: [Gobblerfair](#), 4-6:30 PM

February:

- 12-13: [Grad Fair](#) at Hokie Shop Bookstore
- 18: Census date (enrollment frozen for reporting)
- 20: [CAMEO CareerFest](#)

For more dates/events visit the:

- [VT Academic Calendar](#)
- [AOE Facebook Page](#)
- [Engineering Opportunities Facebook Page](#)

Career Corner

Spring Career Fairs

- CAMEO CareerFest will feature recruiters seeking students from a variety of engineering disciplines.
- The Connection Career fair is for all career fields and typically has at least a few relevant employers.
- Engineering departments hosting February career fairs include: CS, Civil, Construction, Materials.
- Read more about spring career fairs [here](#).

Summer Opportunities

- CEED Summer Employment - applications due Feb. 2nd, see email sent 1/22 by Dr. Marlena Lester for instructions/information
- [Hume Center Summer Internship Program](#)
- Explore opportunities through the [Office of Undergraduate Research](#) at VT

FAQs of the Month

I need some support to manage my workload in AOE. Any suggestions?

- **Remind yourself that a challenging workload is normal:**
 - It is typical that your classes in AOE will be more challenging than they were in GE and/or high school.
 - You should be doing a minimum of two hours of work outside of class for every credit hour of lecture that you attend. A 15-credit semester should require a minimum 45 hours of work weekly. Careful time management is essential!
- **[Student Success Center Seminar Series on Academic Success](#):** Start out the spring semester with a refresher on note-taking, time-management, overcoming procrastination, etc...
- **Manage your time to make the most out of office hours and tutoring:**
 - Add office hours and tutoring times to whatever calendar you use.
 - Start homework far enough ahead to be able to attend office hours if you have questions.
 - Attend office hours early in the semester, before challenges arise. This makes it easier to go back if you find yourself struggling later.
- **Get peer support:**
 - Form a study group. Ways to get to know your classmates include: attending office hours, talking to people before/after class, getting involved with AOE student organizations/teams.
 - Consider working with a [peer academic coach](#) through SSC.
- **If possible, reduce your credit number:**
 - 15-17 credits per semester is typical to complete an AE or OE major in 4 years. Adding minors/double majors is fine, but not expected. Don't add extra courses to your schedule at the expense of being successful in your required courses.
 - When planning your course load, take into account the time you need to reserve for other commitments (e.g. job, student organization, design team).
 - Assess how things are going prior to the drop deadline (3/3/2025 for SP 2025). If your schedule feels like more than you can manage, talk to your academic advisor to see if you can drop something.
- **Set up recurring check-in appointments with your academic advisor.** Having a regular (e.g. monthly) advising appointment can be helpful for accountability. We are happy to meet with you!

I'm graduating! How do I get a cap and gown?

- Graduation regalia is sold through the Bookstore. You can order items at [Grad Fair](#), Feb. 12-13, or [online](#).
- Find more information about Spring Commencement [here](#).

Academic Resources

- [AOE Undergraduate Curriculum](#)
- [AOE Advising Website](#)
- [Dean of Students](#)
- [COE Resources/Support](#)
- [University Catalog](#)
- [Pathways Course Guides](#)
- [VT Academic Calendar](#)
- [VT Timetable of Classes](#)
- [Student Success Center \(SSC\)](#)
- [Registrar's Office Forms](#)
- [Scholarships/Financial Aid](#)
- [Bursar's Office](#)